



(Part 2) - **The Coronavirus Report** on treatment Options

Experimental, Dietary and Herbal Remedies

Immuno-suppressive drugs are a likely co-factor with Covid-19 for the high fatality rates among the elderly

Report 165 on Home Remedies for the Coronavirus was first published in March 2020 (part 1). The following excerpts are from the third revision published on June 10 2020.

—Conrad LeBeau

The Covid-19 pandemic is a learning experience for the world, and even possibly, an apocalyptic event. Covid-19 is an illness that affects the gastrointestinal system, the heart, the blood, sinuses and lungs. Pneumonia is the leading cause of death for those afflicted.

This report focuses on areas that the FDA and NIH and the media have ignored thus far. It critically reviews the FDA and NIH position that the most vulnerable (likely to die from Covid-19) are the elderly, persons in nursing homes, and anyone else with underlying conditions. What is not considered in this limited point of view are the immune suppressing effects of drugs (prescribed and over the counter), diet, personal addictions, and the life styles of persons living with underlying conditions.

If age alone were the determining factor for survival, then, we would not hear occasional reports of persons from 80 to 90 to 100 years or more of age making a full recovery from Covid-19. It is not honest to blame all the Covid-19 deaths on underlying conditions while ignoring the effects of immune-suppressive drugs and other factors that weaken the immune response.

Increased Fatalities in the Elderly prescribed Immunosuppressive Drugs

These drugs have been advertised on national television for psoriasis, rheumatoid and psoriatic arthritis, inflammatory intestinal diseases and other autoimmune diseases. Television Ads for these drugs warn against taking them if you have tuberculosis or an active infection.

Immune-Suppressive Drugs Named Why the silence from Anthony Fauci, the FDA, and the CDC?

Immunosuppressive drugs are often used to treat psoriasis, lupus, rheumatoid arthritis, crohn's, multiple sclerosis and alopecia. The following list of 17 drugs that are advertised on television not to be used with an active infection include Humira, Tremfya, Rinvoq, Xeljanz, Skyrizi, Cimzia, Enbrel, Simponi, Remicade, Taltz, Tysabri, Rituxan, Cosentyx, Actemra, Stelara, Orencia, and Entyvio.

Note: This list is not complete. Covid-19 should be mentioned by name in these drug ads. Why is the FDA silent on this critical issue? Why is CNN and the other mainstream networks also silent? Is it because they are accepting billions of advertising dollars from the drug companies?

Why is the FDA, NIH, NIAID, and CDC not publicly warning doctors not to prescribe immune suppressing drugs to Covid-19 patients? Of the more than 125,000 deaths in the United States blamed on the coronavirus as of June 25th, immune suppressive drugs could be a contributing factor for 25 to 50% of these virus related deaths or 31,000 to 62,000 fatalities.

Hypoxia: Local Priest blames the N95 Mask for causing him to pass out

On Sunday June 28th, Fr. Alan, a priest in West Allis, stated that while giving a homily at Mary Queen of Heaven that the mask he was wearing while giving a eulogy at a funeral in the past week caused him to faint. After the mass, I talked with Fr. Alan and asked what kind of mask he was wearing. He told me it was N95. I told him that this was the most restrictive of all the masks on the market and difficult to breathe through. It is the mask most favored by the medical profession but could be the most dangerous one to use.

Unfortunately, this mask can cause hypoxia, which is oxygen deprivation. Hypoxia can cause fatigue in long-term users. In others it can cause the heart to skip a beat or two and may lead to a stroke or heart attack. An investigation is needed, as there are reports of many deaths due to heart attacks blamed by the media on Covid-19. However, these heart attacks could be caused by the extended use of N95 mask intended to prevent the spread of Covid-19.

Remember the rule of 3 for survival. Three weeks without food = 3 days without water = 3 minutes without oxygen on your chances for survival. Masks that severely restrict airflow in and out of your lungs could kill you.

Lifestyle, Diet and Other Factors

Besides immune-suppressing drugs, diets high in refined sugar and junk food weaken the immune system. Also, millions of people who are sensitive to beta casein found in milk and ice cream find these dairy products promote mucus production, sinusitis, chest colds and, sometimes, even pneumonia. In addition to the above, consider addictions like smoking, street drugs and alcohol consumption, lack of clean drinking water, stress, and insufficient restful sleep as co-factors for immune system failure against Covid-19.

More information on these drugs and other immunosuppressive drugs can be found at **drugs.com** and at **healthline.com**.

Immune Response Requires a Fever

A fever is a natural immune reaction against an infection. When you suppress a fever, you also suppress the immune response against an active infection and you may prolong the illness. However, if fever rises above 103 degrees F for more than a couple hours, you should take an antiviral (Consider H₂O₂, thyme, thymol - see pages 3, 4) to reduce the fever to prevent possible damage from a cytokine storm (too strong of an immune reaction).

A cold shower reduces inflammatory cytokines. Also low dose hydrogen peroxide taken orally helps prevent a cytokine storm as it kills the Covid-19 virus. Consult with your doctor for more info.

EPA lists 38 products with Hydrogen Peroxide for cleaning and disinfecting Covid-19 on surfaces

EPA.GOV lists over 200 disinfectant products whose active ingredients have one or more of several substances that include common bleaches like chlorine, Chlorox, and hydrogen peroxide for killing the novel Covid-19 coronavirus. Three novel disinfectants use only thymol as the active ingredient. Thymol is found in the spice thyme and other herbs.

These disinfectants listed by the EPA inactivate Covid-19 virus from 1 minute to 10 minutes (1). The EPA suggests the use of these commercial products for cleaning surfaces. They also recommend that you can use hydrogen peroxide to disinfect your toothbrush.

Hydrogen peroxide has been on the market since 1885 when it was called Peroxide of Oxygen. In the 1950's I recall seeing labels that said 15 volume, which was a 3% solution of H₂O₂. Older medical records show that hydrogen peroxide was used to fight various infections even before 1900 and shortly thereafter, and before the discovery of penicillin. It was even taken orally with success in a few cases before 1900. (2)

Dr. William Douglass states in his book "Hydrogen Peroxide - Medical Miracle" that a type of white blood cells known as "*granulocytes, produce H₂O₂ as a first line of defense against every type of invading organism- parasites, viruses, bacteria and yeast.*" (2)

Ref: EPA lists 38 products with hydrogen peroxide and 3 with thymol for killing Covid-19 out of more than 200 listed on the website. For more details go to-

1. <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>
2. **Hydrogen Peroxide and Aloe Vera** - 64 pages by Conrad LeBeau available at lebeaubooks.com or amazon.com

How to use Hydrogen Peroxide

Topical - foot absorption method- is based on case reports of recovery from shortness of breath, chest infections and emphysema. The bottom of the feet absorb better than other parts of the body. Also, hydrogen peroxide is broken down by the

enzyme catalase into water and singlet oxygen as it travels through the arteries and veins to reach the lungs. It is the singlet oxygen that kills viruses and other pathogens.

Method 1. Place a pan or flat cookie sheet on the floor and take a 10-inch square cotton cloth and rinse it with hot water. Squeeze out the water and spread the cotton cloth in the pan. Pour one-half cup of a 3% hydrogen peroxide solution (the common brown bottle H₂O₂ form from your local drug store) on the cloth. Remove your socks and place both bare feet on top of the cloth. Keep your feet on the cloth for ten minutes. Remove and let your feet air dry for 10 minutes.

Method 2 - foot absorption. Use 2 pails - one for each foot. Add a quart of warm water to each pail and add 1/2 cup of 3% H₂O₂ solution to each pail. Keep both feet immersed in the H₂O₂ solution and water for 10 minutes. Remove after 10 minutes and let dry.

Note to doctors with patients on ventilators or to any one not responding to existing standard of care. Remove slippers and socks from bedridden patients. Take 2 socks and soak both in 3% hydrogen peroxide solution or pour 1/4 cup of 3% H₂O₂ solution over each sock. Slip both socks on the patient's bare feet. Leave the socks on for at least 30 minutes or longer and monitor changes in the patient's oxygen levels.

To avoid the issue of gas embolism, do not inject hydrogen peroxide into the blood or muscles or place strong H₂O₂ solutions near the heart. Skin absorption in the manner described here has a long history of safe use. The body's own white blood cells produce H₂O₂ as its first defense against infections. Excess H₂O₂ produced is broken down by the enzyme catalase.

You may want to repeat this treatment 8 to 12 hours later. The result expected is an increase in oxygen levels and a decrease in respiratory stress.

Oral use - Low dose oral use is the most effective way to use hydrogen peroxide to kill the covid-19 virus in the blood. Add 1 teaspoon of 3% H₂O₂ solution to 6 ounces of water or fruit juice. Mix and drink this once every 2 hours - Maximum of 7 times a day for adults. If using food grade 35% H₂O₂, use only 7 drops to 6

ounces of water or juice. Note - 7 drops of 35% H₂O₂ equals one teaspoon of 3% solution (the brown bottle).

See my book on Hydrogen Peroxide and Aloe Vera for more information. Lebeaubooks.com

A Vaccine Alternative - Hydrogen Peroxide for Self-Immunization

Scientific research reported by Dr. William Campbell Douglass MD is that certain types of white blood cells produce hydrogen peroxide as the first line of defense against all pathogens (viruses, fungi, parasites, bacteria etc). The use of hydrogen peroxide into the body by absorption through the skin or taken orally in small amounts well diluted with water will kill the virus leading to a breakup of parts of the virus.

These viral particles are then identified by other types of blood cells as "foreign" leading to a B cell response that results in producing antibodies. The antibodies then help to clear the infection and have the same short or long-term protection that a vaccine would create.

The advantage of this type of self-immunization is that you don't get other additives found in some vaccines that could be problematic like mercury and aluminum. The side effects of some vaccines are often not worth the risk. Some vaccines with active or semi-active pathogens in them actually cause the very diseases they are trying to prevent and have been blamed for the rising cases of autism as well as several deaths.

Thyme (a natural source of Thymol)

EPA.GOV lists and approves Thymol in three commercial products use to kill the Covid-19 virus. Thymol is found naturally in several medicinal plants also used as spices. These plants include **thyme, oregano, bergamot** and **bee balm**. **Thymol** is also one of 4 active ingredients in the mouthwash **Listerine**. Thyme as a spice is used in soups, has a pungent and bitter taste when concentrated and contains significant amounts of thymol.

Over The Counter (OTC) liquid products sold in health food stores that contain extracts

of thyme and support respiratory function include -

1. **Bronchial Clear** by Terry's Naturals- has **thyme** and **ivy** in a syrup base - and is a very effective formula for most types of lung infections.

2. **Olbas Cough Syrup** contains extracts of **thyme, licorice, plantain, horse chestnut** and **pine** in a base of wildflower honey with a small amount of 6 essential plant oils. Mfd by the Penn Herb Co.

3. **Fresh thyme leaves** from your local grocery store. Experimental - place one leaf with a glass of water in a blender and blend until smooth. Drink this 2 or 3 times daily for 7 to 14 days or as your doctor advises.

Bronchial Clear and Olbas Syrup are sold in health food stores and online and should be used as directed on the label. [The FDA has neither approved nor disapproved the use of these products for treating Covid-19.]

However, the EPA has tested and approved the use of thymol - a derivative of the spice/herb thyme for killing the covid-19 virus. Logic indicates that since both hydrogen peroxide and thymol have accepted by the EPA for killing the Covid-19 on hard surfaces, both have a basis in science and should be considered for use inside the body even if used solely for experimental or testing purposes.

Quinine found in Cinchona bark is an anti-inflammatory and has been used by Jesuits since the early 1600's

Today, Cinchona bark is used today to treat malaria, lupus, rheumatoid arthritis, muscle and leg cramps. Cinchona Bark (cinchona calisaya) originally came from Peru. The Cinchona tree was named after the Spanish countess of Cinchon, who, in 1630, became ill with fever in the city of Lima. The Countess recovered after being given bark from a tree, whose bark contains quinine, quinidine and other natural cofactors.

The bark is also known as Peruvian bark or Jesuits bark. Synthetic quinine was discovered in 1944 and continues to be marketed today as chloroquine and hydrochloroquine. The anti-inflammatory properties may help prevent or alleviate cytokine storms.

Cinchona bark and capsules

Contact **pennherb.com** 215-632-6100
Each capsule contains 50 to 80 mg of natural quinine and supporting co-factors. One capsule once daily is a low dose. No prescription is needed. Drugs.com reports that a standard dose of cinchona bark is 1000 mg daily or about 2 capsules. Cinchona is anti-inflammatory. Cinchona bark has been used to treat not only malaria, but leg cramps, arthritis and lupus.

Treating Pneumonia

Glutathione credited with recovery

by R. Horowitz, P. Freeman, and J. Bruzzese

Published in "Respiratory Med Case Report"

"Purpose: Infection with COVID-19 potentially can result in severe outcomes and death from "cytokine storm syndrome", resulting in novel coronavirus pneumonia (NCP) with severe dyspnea, acute respiratory distress syndrome (ARDS), fulminant myocarditis and multiorgan dysfunction with or without disseminated intravascular coagulation. No published treatment to date has been shown to adequately control the inflammation and respiratory symptoms associated with COVID-19, apart from oxygen therapy and assisted ventilation. We evaluated the effects of using high dose oral and/or IV glutathione in the treatment of 2 patients with dyspnea secondary to COVID-19 pneumonia."

Methods: Two patients living in New York City (NYC) with a history of Lyme and tick-borne co-infections experienced a cough and dyspnea and demonstrated radiological findings consistent with novel coronavirus pneumonia (NCP). A trial of 2 g of PO or IV glutathione was used in both patients and improved their dyspnea within 1 h of use. Repeated use of both 2000 mg of PO and IV glutathione was effective in further relieving respiratory symptoms.

Conclusion: Oral and IV glutathione, glutathione precursors (N-acetyl-cysteine) and alpha lipoic acid may represent a novel treatment approach for blocking NFKappaB and addressing "cytokine storm syndrome" and respiratory distress in patients with COVID-19 pneumonia.

Note: 250 mg and 500 mg glutathione tablets or caplets are sold by **Terry's Naturals** and also by **Jarrow Formulas**. You may need to special order these items from your local health food store or online. After your recovery, you may want to consider using glutathione precursors including N-Acetyl Cysteine, Milk Thistle, and natural Selenium.

Test Protocol for Covid19

Consider testing the following remedies -

First hour –one Nutribiotic formula now in health food stores with added **Echinacea and Wormwood**. Use as directed on bottle –sold online and in health food stores. If grapefruit seeds are used, limit use to two seeds per day for adults. Do not give to children. (For children, substitute one of the following - Bronchial Clear, Olbas syrup, Golden Seal, Oregamax or Neem.)

Second hour – 1000 to 2000 mg of vitamin C powder taken with a zinc tablet (zinc gluconate, zinc sulfate, or zinc picolinate).

Third hour– Take a standard dose of **Bronchial Clear** by Terry's Naturals or Olbas Cough Syrup by Penn Herb Co.

Fourth hour- Take **2 golden seal root capsules** or a cup of **goldenseal leaf tea** or **Neem leaf or bark tea** or you could substitute two Oregano capsules (**Oregamax**). For children use **Umcka** liquid extract and repeat this every 4 or 5 hours apart.

Fifth hour – add 1 tsp. of 3% hydrogen peroxide (brown bottle) and place in mouth for sublingual absorption. Hold for 2 minutes then wash it down with water.* You can also add 7 drops of 35% H₂O₂ to a 6 or 8 oz glass of water and drink it. This treatment is very valuable and should be used twice daily for 7 to 14 days.

*See my book on Hydrogen Peroxide lebeaubebooks.com

Sixth hour - Cinchona Bark capsule - for adults - One capsule is taken with water or juice. This is a low dose and natural source of quinine that has been used for centuries.

Note to physician: if the patient claims there is a burning sensation in the lungs, test for interleukin-6 levels - an inflammatory cytokine. A cool shower or ice packs will help reduce IL-6.

Also test **pH**- measure your saliva and urine pH using pH tape. Your saliva pH should be at or above 6.4 and your urine pH should be at or below 6.4 while fighting the infection. What you don't want is urine pH that is alkaline above 7.0 and saliva pH that is acid or below 6.0.

Repeat the 6-part hourly cycle daily until your doctor confirms you have fully recovered.

A 90-year old lady in a nursing home in Washington State fully recovers from Covid-19. Her secret remedy - **potato soup** that her family brought each day. Try **potato leek soup**. Google for recipe. Add 1 tsp. of dried Thyme to the soup. Thyme is rich in thymol.

What to Eat – Therapeutic Foods

Do eat Organic foods - Non-GMO when possible.

Do eat pickled foods including dill pickles, pickled beets, sauerkraut, pickled cauliflower, pickled mushrooms, and other pickled vegetables. **Vinegar kills viruses**, as does lemon, lime, and sauerkraut juice; also ascorbic acid (vitamin C)

Do drink - Kombucha tea, also licorice root tea, rosehips tea, green tea and ginger root tea.

Do eat organic broths like Organic free-range chicken broth with Wakame flakes added – this increases heat and the metabolic rate.

Do eat homemade soups like **potato leek soup** or chicken broth or stock with vegetables.

Do eat small meals and one clove of **raw garlic** 3 times a day.

Do eat raw onions and baked onions one or more times daily.

Do eat one tablespoon of **cold pressed Flaxseed Oil** each day with organic yogurt, whey protein or mashed potatoes. Also, Nutritional yeast (Kal brand made from beet juice) and Grassfed Whey Protein.

Consider a **Mediterranean** or **vegetarian** diet. **Sweeteners** – **xylitol, raw honey** or stevia.

Foods to Avoid - What Not to Eat

NO MILK OR ICE CREAM – limit consumption to organic A2 milk, organic yogurt, kefir or sour cream or Nancy's naturally fermented cottage cheese. Avoid regular hard cheese as it promotes mucus.

AVOID WHITE WHEAT GRAIN PRODUCTS. NO white bread, pasta, pizza, rolls and donuts. Go easy on all grains until you recover.

AVOID refined white sugar products and artificial sweeteners. NO cake, cookies, donuts, etc.

AVOID sodas, and other drinks to which corn syrup have been added.

Avoid beef, pork and lunchmeats until your doctor finds the intestinal and respiratory infection is gone.

Avoid most cold cereals – but especially any with corn or soybeans in them.

Avoid most processed foods including smoked foods or fried, and fast foods.

Avoid using recreational alcohol and street drugs.

Messages from the Virgin Mary at Medjugorje- 1981 to 2021

It began on June 24th, 1981, in a province of the former confederation of Yugoslavia known as Bosnia and Herzegovina. The first anniversary of the 40th year of the apparitions will be June 25th 2021.

[Editor's note: The present Coronavirus pandemic and other tribulations that may follow in the next 12 months maybe end time chastisements foretold more than 2000 years ago and found in the Book of Revelations.]

The first apparition happened on a mountain near Medjugorje, a city located about 5 miles east of Croatia, a country that graces the Adriatic Sea that separates Croatia and Bosnia from the eastern coast of Italy.

The Beginning Apparition Mountain

Mount Podbrdo is the name of the "mountain" that Our Lady first appeared to the visionaries of Medjugorje. After the apparitions began, it became known as Apparition Mountain. It is a steep and rock-strewn path that ascends to the location where she appeared. It was from here that the Mother of Jesus began giving her messages to the world.

June 24 1981 -The visionaries see a distant apparition of a young woman in a long grey dress holding a baby in her arms on the hill of Crnica (now known as Apparition Hill). The first time was in the afternoon, the second time towards 6:00 pm.

Thursday, June 25, 1981 The date of the first apparition for the group of six visionaries, who see Our Lady nearby on the hill: Our Lady says: **"Praised be Jesus!"**

Ivanka: Where is my mother? (Her mother had died two months previously.) **"She is happy. She is with me."**

The visionaries: Will you return tomorrow? The apparition answers with a nod of her head.

Mirjana: No one will believe us. They will say that we are crazy. Give us a sign! The apparition responds only with a smile. Mirjana believed she had received a sign. Her watch had changed time during the apparition. **"Goodbye, my angels. Go in the peace of God."**

Friday, June 26, 1981 In the presence of a crowd of 2,000 to 3,000 people, drawn there by the luminary signs coming from the hill of the

apparitions, Vicka sprinkles the apparition with Holy Water and says: If you are the Gospa, stay with us, if not, go away. The apparition only smiles.

Ivanka: Why have you come here? What do you desire? **"I have come because there are many true believers here. I wish to be with you to convert and to reconcile the whole world."**

Ivanka: Did my mother say anything? **"Obey your grandmother and help her because she is old."**

Mirjana: How is my grandfather? (He had recently died.) **"He is well."**

Mirjana: Who are you? **"I am the Most Blessed Virgin Mary."**

Why are you appearing to us? We are not better than others. **"I do not necessarily choose the best."**

On returning to the village after the apparition, Marija sees the Virgin again, in tears, near a cross with rainbow colors: **"Peace, Peace, Peace! Be reconciled! Only Peace. Make your peace with God and among yourselves. For that, it is necessary to believe, to pray, to fast....."**

Sunday, August 2, 1981 Marija sees the Virgin in her room: **"All of you together go to the meadow at Gumno. A great battle is about to take place. A battle between my Son and Satan. Human souls are at stake."**

Questions and Answers from Medjugorje.org

What are contained in the "secrets" that Our Lady has given the visionaries?

We know very little about the secrets of Medjugorje. First, Our Lady allowed the third secret to be known, which is: There will a permanent, indestructable, supernatural sign left at the place of Our Lady's first apparition in Medjugorje on the hill Podbrdo at the conclusion of the apparitions. Second, we know that an evil that faced the world, which was contained in the 7th secret was eliminated due to prayer and fasting. Lastly, we know that the 9th and 10th secrets are chastisements for the sins of the world. They cannot be eliminated but can be lessened by our prayers and fasting.

To read more or all the messages of the past 39/40 years, go to medjugorje.org

The Dangers of Laptop Computers, Routers, and Smart Phones

June 30, 2020
by Conrad LeBeau

My book on ***Insomnia, Fatigue and Cell Phone Towers*** was first published in 2010. The information in this booklet is just as relevant today as it was in 2010. However, pending a revised edition that is 6 to 9 months away, there are some updates. First, the use of aluminum coated Mylar sheets and Emergency blankets to block G3, G4 and G5 radiation are no longer recommended as the coating on the Mylar sheet tend to flake off over time making it an unreliable shield against cellphone, towers, Wi-Fi and router emissions.

Also, we had one person tell us that the Mylar sheet caused an allergy type sensitivity resulting in wheezing. The person removed the emergency sheet and the breathing sensitivity stopped. This person also had the misfortune of a phone company install a cellphone tower within 200 feet from his home.

In attempting to block cellphone tower radiation from entering your residence, you may need to build a Faraday cage that can be made out of heavy-duty aluminum insulation or other electrical conductors like copper or steel. I describe how I did this to my entire bedroom in the booklet.

For whole house protection, you will need a steel roof and aluminum or steel siding plus aluminum window shades. Apartments at or below ground level offer even more protection. Second floor or higher apts and are more susceptible to cell phone tower emissions.

Laptop computers in your lap can and will make both men and women sterile. The computers emit radiation right over the gonads and ovaries. The radiation emitted from the excessive use of laptop computers can cause ovarian or testicular cancer over time. Like all carcinogens, it is dose dependent.

The use of laptop computers has already made a number of young men and women childless. In the last few years the birth rate among both married and unmarried teenagers has been dropping.

Blue Tooth emissions in your ear can also cause acoustic neuromas and even brain cancer.

Smart phones near your eyes can cause cloudiness in vision or cataracts. The use of any and all wireless devices in your bedroom is a primary cause of brain activity and sleeplessness or interrupted sleep. To reduce radiation emissions in your home, you need to disable your router and other wireless devices.

Disconnect your Roku and other streaming devices.

These invisible data streams cause excessive brain activity that can and will interfere with your immune system, your heart function and your sleep. ATT, Spectrum and other Internet and TV cable providers like to bundle the modem and router in one piece. *This is not what you want.* This is a common source of electromagnetic pollution inside your home. Besides bundling the modem with the router, they incentivize their offers to also bundle TV, phone and Internet all in one monthly package.

This one-piece modem and router combo looks like a tall rectangular box like the following example.

The picture on the left is a typical **modem/router combination**



used by major TV, phone and Internet providers like ATT and Spectrum. *This is not what you want.* You want to separate the router from the modem. Disconnect the router and use the modem only for Internet and phone connections. Return the router back to the

phone company and you will receive a monthly credit on your bill of \$5 or more.

Cable TV, if you choose to have it, should be hard wired separately to the TV's DVR. You can also get a lot of channels over the airwaves and they are free. Yes, you can have phone and Internet service without being bundled to a TV.

The purpose of bundling is to incentivize you to click on premium channels for an extra fee and these are then downloaded to your TV through streaming connections from the router to the TV. You don't want to subject yourself or

your children to endless hours of streaming radiation from the router. This is what will happen if allow a router inside your home. Eliminate G4 and G5 from inside your home by getting rid of routers. Some printers have Wi-Fi that work without the router and are not a major source of electromagnetic pollution.

A modem and router separated



Modem is on left and Router is on the right.

How to Unbundle a Modem & Router

When calling for connection service from ATT, Spectrum, Charter, Cox or other phone and Internet providers, be sure to tell them that you have electrical sensitivity and do not want a router. You only need a modem. See the sample above. The technician installed a separate combination modem and router from Spectrum. I then disconnected the router and plugged the Ethernet directly into the modem. I returned the router to Spectrum for a \$5 monthly credit. The phone line was directly wired into the modem while the Direct TV connection used a cable to wire it to the TV.

That is how you get rid of unnecessary air pollution from microwave radiation. No data was transmitted through the air. I also disabled the wireless phone handset and only use the desktop phone that is hard wired.

I rarely use my cell phone and recently learned that Verizon uses lite G4 for cell phone transmission and not G5. I recently bought a flip phone (Alcatel) from Tracfone that uses lite G4 technology. It still has more apps than I want to use but is easier to manage. I will minimize its use to 5 minutes or less each day. I would not use G5 as there are no studies of its effects on the immune system or on oxidative stress. Both G4 and G5 are dangerous if used excessively. G5 is substantially more dangerous due to the higher volume of data it can transmit.

The problem that has not been tested with either G4 and G5 is how much is too much? At what point do these high frequencies cause **electro-perforation** of the cell membranes? Electro-perforation caused by dense and high frequency electromagnetic fields can cause the individual cells to leak calcium and other minerals out of the cells and into the blood plasma. This will also create openings in the cell membranes that will allow viruses, fungus and bacteria to enter the cells leading to cell death.

Around 1992 when testing both radio frequency machines (called Rife machines) as well as full sized permanent magnetic pads used to sleep on. I found that they both cause the viral loads to go through the roof. A worldwide failure of many vaccines is now a real possibility with the installation of G5 telecommunications technology. Vaccines could lose some of their effectiveness if the cell membranes loose their integrity.

This could cause millions of people around the world to suffer fatigue, insomnia or age prematurely. That is what might happen from a technology rushed onto the market too quickly and without adequate research. The politicians in both parties are either ignorant of the basics facts of immunology, don't care, or are just plain corrupt. God have mercy on the human race.

For more information, go to

1. electromagnetichealth.org
2. weepinitiative.org
3. radiationresearch.org
4. bioinitiative.org.
5. electricsense.com

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